



TAGORE COLLEGE OF PHARMACY

(Affiliated to The Tamil Nadu Dr. MGR Medical University, Chennai, TamilNadu)

(Approved by Govt. of Tamil Nadu, Pharmacy Council India - New Delhi)

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09.02.2024

PSYCHIATRIC COUNSELLING SESSION

DATE: 09.02.2024

TIME: 10:45 AM-11:45AM

VENUE: Tagore Engineering Auditorium

Psychiatric Session was organized by Tagore College of Pharmacy (TCP) Rathinamangalam on 09.02.2024 from 10.45 am to 11.45 am. Guest Speaker **Mr. D.I. Ravindran**, Counselling Psychologist has taken a counseling Session on Psychiatric Issues faced by Youth for B Pharm students in Tagore Engineering Auditorium. He has delivered lectures in constituent colleges of the Tagore group. The program started with a welcome address by **Dr. K. Ilango**, Principal, TCP. The event was hosted by **Dr. K. Priyachitra**, Professor & Head, TCP. A total of around 193 students and staff participated in this program. The speaker creates awareness and addresses the importance of mental health and well-being, how to handle stress, avoid Bad Habits. After his lecture, the students were given time to interact with him. Students felt that the session was more informative and interactive.