



TAGORE COLLEGE OF PHARMACY

(Affiliated to The Tamil Nadu Dr. MGR Medical University, Chennai, TamilNadu)

(Approved by Govt. of Tamil Nadu, Pharmacy Council India - New Delhi)

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01.03.2024

PSYCHIATRIC COUNSELLING SESSION

DATE: 01.03.2024

TIME: 11:30 AM-12:30 PM

VENUE: Hall II, 2nd Floor, TCP

Psychiatric Session was organized by Tagore College of Pharmacy (TCP) Rathinamangalam on 01.03.2024 from 11.30 am to 12.30 pm. Guest Speaker **Mr. D.I. Ravindran**, Counselling Psychologist has taken a counseling Session on “How to Identify the students who may need counseling help” and Psychiatric Issues faced by Youth. He has delivered lectures in constituent colleges of the Tagore group. The program started with a welcome address by **Dr. K. Ilango**, Principal, TCP. All the faculty members participated in this program. The speaker creates awareness and addresses the importance of mental health and well-being, how to handle stress, avoid Bad Habits in students. After his lecture, few of our faculty members interacted with him.